

The Scottish English Podcast
E07 International Women's Day

<i>Transcript</i>	<i>Vocabulary and grammar structures you should know. *= meaning used in the podcast if there is more than one meaning.</i>	<i>Collocations, idioms and other useful phrases.</i>
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Claire | Kilted English:

Hello and welcome to the Scottish English Podcast where we explore Scotland's history, culture, and distinctive accents. I'm Claire and I'm excited to tell you all about International Women's Day, which happened just this past weekend.

In this episode, we'll explore how Scotland celebrates this day, highlight some women who have shaped the country's history and the ongoing efforts to ensure equality for all.

Whether you're an English language learner or you just love hearing about Scottish history and culture, this podcast is for you. Let's dive in.

The history of International Women's Day.

International Women's Day is celebrated on the 8th of March every year.

It began over a century ago in the early 1900s as part of the fight for women's rights.

Initially the day was a call for women to have better working conditions, the right to vote and equality in society.

The day has since grown into a global

Ongoing (adjective)

/ˈɒŋɡəʊɪŋ/

- continuing to exist or develop

Ensure (verb)

/ɪnˈʃʊə(r)/

- to make sure that something happens or is definite

Equality (noun)

/iˈkwɒləti/

- the fact of being equal in rights, status, advantages, etc.

Initially (adverb)

/ɪˈnɪʃəli/

- at the beginning

<p>event, celebrating the achievements of women, while also highlighting the need for further progress.</p> <p>The first National Women's Day was celebrated in the United States in 1909.</p> <p>But the idea quickly spread around the world.</p> <p>In 1910 at a conference in Copenhagen, the idea for an international day to support women's rights was <u>proposed</u> by Clara Zetkin, a German <u>socialist</u>.</p> <p>And by 1911, the first International Women's Day was celebrated by several European countries.</p> <p>Since then, international Women's Day has become a symbol of <u>solidarity</u> as women and men around the world <u>unite</u> to reflect on both the progress made and the work that still lies ahead.</p> <p>International Women's Day in Scotland.</p> <p>Scotland, like many countries, has <u>embraced</u> International Women's Day with a <u>blend</u> of celebration and reflection.</p> <p>It's a day that isn't just about <u>commemorating</u> the women of the past, but also looking at how Scotland is</p>	<p>Propose (verb) /prə'pəʊz/ - Suggest a plan</p> <p>Socialist (noun) /'səʊʃəlɪst/ - a person who believes in or supports socialism; a member of a political party that believes in socialism</p> <p>Solidarity (noun) /ˌsɒlɪ'dærəti/ - support by one person or group of people for another because they share feelings, opinions, aims, etc.</p> <p>Unite (verb) /ju'naɪt/ - to join together with other people in order to do something as a group*</p>	<ul style="list-style-type: none"> - Unite in something - Unite in doing something - Unite behind/against
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<p>supporting women today and into the future.</p> <p>In cities like Edinburgh and Glasgow, the day is marked by events that highlight the <u>struggles</u> women have faced throughout history and celebrate their contributions to modern life.</p> <p>From performances to public talks, from marches to exhibitions, the day is filled with events that <u>engage</u> women and men in discussions about equality.</p> <p>Scotland's involvement in the movement for women's rights has deep historical roots. As well as other countries in the UK, Scotland and its women had a strong desire to have equal <u>suffrage</u>, or the right to vote, since the early 20th century.</p> <p>The Women's Social and Political Union, which was <u>founded</u> in Manchester by Emmeline Pankhurst and others in 1903, opened its first Scottish branch in Glasgow in 1906.</p> <p>From the start, their <u>motto</u> was <u>deeds</u>, not words.</p> <p>Their aim wasn't just to win votes for women, but by doing so, improve the lives and opportunities for women as well.</p>	<ul style="list-style-type: none"> - to make people or things join together to form a unit; to join together <p>Embrace (verb) /ɪmˈbreɪs/</p> <ul style="list-style-type: none"> - an act of putting your arms around somebody as a sign of love or friendship - the act of accepting an idea, a proposal, a set of beliefs, etc, especially when it is done with enthusiasm* <p>Blend (noun) /blend/</p> <ul style="list-style-type: none"> - a mixture of different types of the same thing - a pleasant or useful combination of different things* <p>Commemorate (verb) /kəˈmeməreɪt/</p> <ul style="list-style-type: none"> - to remind people of an important event or person from the past with a special action or object; to exist to remind people of a person or an event from the past <p>Struggle (noun) /ˈstrʌɡl/</p> <ul style="list-style-type: none"> - a hard fight in which people try to obtain or achieve something, especially something that somebody else does not want them to have <p>Engage (verb)</p>	<p>something/somebody</p> <ul style="list-style-type: none"> - Commemorate something/someone - Struggle for something - Struggle against something - Struggle with something
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<p>Some campaigners even took to violence to bring attention to their cause. These types of acts also happened in Scotland with attacks in galleries in Glasgow and Edinburgh, and women being arrested for smashing windows.</p> <p>It is well documented that some suffragists went on <u>hunger strike</u>.</p> <p>One brutal example of this is Arabella Scott, who was arrested after a fire at the Kelso Race course and <u>endured</u> five weeks of <u>being force fed</u> at Perth Prison.</p> <p>During this time, she was tied to her bed and wasn't allowed to see anyone.</p> <p>The campaigning and effort of women across Great Britain during the First World War was acknowledged and the representation of the People Act 1918 <u>granted</u> women over the age of 30, the vote.</p> <p>In 1929, Scottish politician Jenny Lee was elected a member of the House of Commons at the age of 24, where she was in the curious position of still being too young to be able to vote.</p> <p>It was to be another 30 years before the voting age was dropped to 18, where it</p>	<p>/ɪnˈɡeɪdʒ/ - to succeed in attracting and keeping somebody's attention and interest</p> <p>Suffrage (noun) /'sʌfrɪdʒ/ - the right to vote in political elections</p> <p>Found (verb) /faʊnd/ - to start something, such as an organization or an institution, especially by providing money</p> <p>Motto (noun) /'mɒtəʊ/ - a short sentence or phrase that expresses the aims and beliefs of a person, a group, an institution, etc. and is used as a rule of behaviour</p> <p>Deed (noun) /di:d/ - a thing that somebody does that is usually very good or very bad</p> <p>Hunger strike (noun) /'hʌŋɡə straɪk/ - the act of refusing to eat for a long period of time in order to protest about something</p> <p>Endure (verb) /ɪnˈdjʊə(r)/</p>	<p>- Universal suffrage (= the right of all adults to vote)</p> <p>- your good deed for the day (idiom = a helpful, kind thing that you do)</p>
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<p>remains to this day.</p> <p>Influential Scottish women in history</p> <p>Before we talk about the current state of women's rights in Scotland, let's take a moment to honor some <u>remarkable</u> Scottish women throughout history.</p> <p>Their legacies continue to inspire people around the world today.</p> <p>One of the most famous names in Scottish history is Mary Queen of Scots, and I will definitely be doing a podcast about her in the future. So keep an eye out for that one.</p> <p>Mary was born in 1542 and was Queen of Scotland for most of the 16th century.</p> <p>Her life was full of <u>intrigue</u>, betrayal and political battles, but she remains a symbol of strength and determination.</p> <p>Despite facing enormous challenges, Mary ruled Scotland with a keen political mind.</p> <p>Another important name in Scottish history is Flora McDonald, a heroine known for her role in helping Bonnie Prince Charlie escape from Scotland after the Battle of Culloden in 1746.</p> <p>McDonald's <u>bravery</u> during this <u>turbulent</u></p>	<ul style="list-style-type: none"> - to experience and deal with something that is painful or unpleasant without giving up <p>Force-feed /ˌfɔːs ˈfiːd/</p> <ul style="list-style-type: none"> - to use force to make a person or an animal eat or drink by putting food or drink down their throat <p>Grant (verb) /grɑːnt/</p> <ul style="list-style-type: none"> - to agree to give somebody what they ask for, especially formal or legal permission to do something <p>Remarkable (adjective) /rɪˈmɑːkəbl/</p> <ul style="list-style-type: none"> - unusual or surprising in a way that causes people to take notice <p>Intrigue (noun) /ˈɪntriːg/</p> <ul style="list-style-type: none"> - the activity of making secret plans in order to achieve an aim, often by tricking people <p>Bravery (noun) /ˈbreɪvəri/</p> <ul style="list-style-type: none"> - the quality of being brave <p>Turbulent (adjective) /ˈtɜːbjələnt/</p> <ul style="list-style-type: none"> - in which there is a lot of sudden change, trouble, 	
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<p>time made her a symbol of loyalty and courage.</p> <p>And we can't forget the Edinburgh seven,</p> <p>A group of women who were the first <u>matriculated</u> undergraduate female students at any British university.</p> <p>Their campaign gained national attention and was the first step towards equal access to higher education for women in Scotland and the rest of the UK.</p> <p>These women, along with <u>countless</u> others, have shaped Scotland's past and present.</p> <p>The struggle for gender equality today.</p> <p>Despite many achievements, the fight for gender equality is far from over.</p> <p>In Scotland, as in many parts of the world, women still face challenges related to pay inequality, representation in leadership roles, and access to healthcare.</p> <p>International Women's Day is a reminder that while progress has been made, we need to keep working for a more equal society.</p> <p>Scotland has made significant <u>strides</u> over</p>	<p>argument and sometimes violence</p> <p>Matriculate (verb) /məˈtrɪkjuleɪt/ - to officially become a student at a university</p> <p>Countless (adjective) /ˈkaʊntləs/ - very many; too many to be counted or mentioned</p> <p>Stride (noun) /straɪd/ - an improvement in the way something is developing</p>	
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discussions and networking events to discuss everything from gender equality to women's rights on a global scale.

It's not just the big cities like Edinburgh and Glasgow that celebrate either. Smaller towns and communities across Scotland also, mark the day with local events from educational workshops to performances by women artists.

For people in Scotland, international Women's Day is not just about commemorating the past, it's about shaping the future.

As we wrap up today's episode, it's clear that International Women's Day in Scotland is much more than just a celebration. It's a call to action.

It is a reminder of the ongoing struggle for gender equality and women's rights all around the world.

But it's also a celebration of women who have shaped history and those who continue to make a difference today.

As you think about the significance of International Women's Day, consider how you can support the cause, whether through education, awareness, or simply

<p>celebrating the women in your life.</p> <p>That's all for this episode. If you've enjoyed today's journey through Scottish history, please do like, share and subscribe.</p> <p>Don't forget that you can get the link to the transcript of this episode in the description box, and if you want to practice your English, summarize the impact an important woman has had in your life down in the comments.</p> <p>Thanks for listening to the Scottish English Podcast. See you later, pals.</p>	<p>Pal (noun) /pæl/ - a friend</p>	
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